

NSW LOCAL DELIVERY SCHEDULE								
AREA	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
SYDNEY METRO	✓	✓	✓	✓	✓	✓		
CENTRAL COAST	✓	×	✓	✓	✓	×	С	
NEWCASTLE	✓	×	✓	✓	✓	×	·	
HAWKESBURY VALLEY	✓	✓	✓	✓	✓	×	0	
HUNTER VALLEY	✓	×	✓	✓	✓	×	S	
BLUE MOUNTAINS	✓	×	✓	×	✓	×	E	
SOUTHERN HIGHLANDS	✓	×	✓	×	✓	×	D	
CANBERRA	✓	✓	✓	✓	✓	×	5	
WOLLONGONG	✓	×	✓	×	✓	×		
DELIVERY DAY NO DELIVERY								

NSW REGIONAL DELIVERY SCHEDULE					
CARRIER	AREA	PLACE ORDER BY	DISPATCH DATE	DELIVERY DATE	
BLAYNEY FOODS		Sunday	Monday	Tuesday	
	Mudgee / Cowra / Dubbo / Forbes / Gulgong / Wellington / Bathurst / Blayney / Orange	Monday	Monday Tuesday		
		Tuesday	Wednesday	Thursday	
		Wednesday Thursday		Friday	
		Thursday	Friday	Saturday	
COOLWAYS TRANSPORT	Port Macquarie / Coffs Harbour / Forster / Tuncurry	Sunday	Monday	Tuesday	
		Tuesday	Wednesday	Thursday	
FAREY TRANSPORT	Lavington / Leeton	Sunday	Monday	Tuesday	
		Tuesday	Wednesday	Thursday	
	Wagga / Griffith / Tolland	Friday	Monday	Tuesday	
		Tuesday	Wednesday	Thursday	
		Wednesday	Thursday	Friday	
	West Wyalong	Sunday	Monday	Wednesday	
ROADMASTER TRANSPORT	Narrabri	Sunday	Monday	Wednesday	
		Monday	Tuesday	Wednesday	
	Armidale	Wednesday	Thursday	Friday	
	South Coast - Bannisters Mollymook	Sunday	Monday	Tuesday	
		Tuesday	Wednesday	Thursday	
		Thursday	Friday	Saturday	
	South Coast - Narooma / St	Sunday	Monday	Tuesday	
	Georges Basin / Eden / Merimbula	Wednesday	Thursday	Friday	

INTERSTATE DELIVERY SCHEDULE						
CARRIER	AREA	PLACE ORDER BY DISPATCH DATE		DELIVERY DATE		
KARRAS / COLD XPRESS	Melbourne	Sunday	Monday	Wednesday		
	Welbourne	Tuesday	Wednesday	Friday		
SON OF A BUNN TRANSPORT	Brisbane / Gold Coast	Monday	Monday Tuesday			
	Brisbaile / Gold Coast	Thursday	Friday	Tuesday		
	NSW Far North Coast (Byron Bay / Kingscliff Beach / Tweed Heads)	Monday	Tuesday	Thursday		
		Thursday	Friday	Tuesday		





